

# DIABETES Awareness

## Know the warning signs of TYPE 1 Diabetes

Type 1 Diabetes can be mistaken for the flu, a stomach virus and/or a growth spurt (in children) but can be life threatening (DKA). Ask your healthcare provider for a blood glucose or urine test right away.

**Extreme thirst**



**Increased appetite**



**Frequent urination**



**Sudden weight loss**



**Blurred vision**



**Irritability**



**Nausea and vomiting**



**Heavy breathing**



**Fruity odor on breath**



**Be  
DKA  
Aware**



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